



ARMA TRAINING

www.armatraining.com

FORCE PROTECTION GROUND COMBAT SURVIVAL LEVEL 1 - MCP

This 1 day (8 hours) basic certification course and 5 days (40 hours) basic Instructor certification program is designed for Force Protection Teams to train and certify their soldiers as instructors in the use of techniques and tactics for unique, but commonly occurring encounters on the ground, no matter what part of the country they are assigned in. This course lays the foundation for ground encounters, and shows the need for commonality between standing and ground combat survival training. Learn force options when taken to the ground by novice or experienced fighters. **Learn from experienced instructors with real world experience in field applications.**

Topics covered in the program include:

- 3 safety zones in ground encounters
- Proper falling techniques
- Understanding body mechanics for limb control techniques
- Transition between standing, kneeling, and ground positions
- Ground Guard Escaping Techniques
- Mounted Ground Escape Techniques
- Weapon control from a ground fighting position
- Controlling tactics and handcuffing from the ground
- Gun Disarming tactics
- Zones of approach and escapes from the ground
- Grip and hold techniques
- Weapon retention in and out of the holster
- Integrated use of force options
- Instructor Developmental Techniques
- Establishing an effective DT program

Duration: 1 Day- Basic Course

Duration: 5 Day- Basic Instructor

Tuition: Negotiated at contract

Tuition: Negotiated at contract

Equipment Required: Bring your own instructor and Soldier suit you currently use. The military uniform assigned, roughs or dress clothing and footwear for range tactics and instruction, with whistle and lanyard. Appropriate tactical equipment to include body armor, helmet, gloves and any other gear worn on duty. For plain operations wear appropriate clothing and personal gear consisting of firearms, holsters and for soldier assignments, duty belt with holster issued firearm and back up weapons, 3 magazines for each weapon, body armor, impact weapon, protective equipment, groin protection and mouthpiece, eye safety goggles, towel. Change of clothes.

Visit

www.armatraining.com



1/1/2015