ARMA

TRAINING

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FORCE PROTECTION FIGHTING STRATEGIES AND TACTICS - MCP

This 1 day (8 hours) basic certification course and 5 days (40 hours) basic Instructor certification program is designed for Force Protection Teams to train and certify their soldiers in Fighting Strategies and Tactics program is an update for both the basic and instructor course and builds on ANY DEFENSIVE TACTICS PROGRAM YOU TEACH to develop Instructors and soldiers to upgrade their skills in the use of techniques and tactics for unique in physical encounters that become **violent, dangerous and life threating IN any ENVIRONMENT IF YOU ARE STANDING OR ON THE GROUND.** This course will cover how to find your "Survival Time", AKA Fight Time, and how to work within your own physical limitations either being exhausted, injured or out skilled and help you develop a survival style THAT is based on your own skill level making you a much smarter fighter to prepare the Soldier for confrontations with novice or skilled fighters. **Learn from experienced instructors with real world experience in field applications. *This is a physically demanding course!***

If you have NEVER been in BEEN in a REAL Fight this class will either show you just how ready you are or make you more ready than you would believe possible!

Topics covered in the program include:

- Understanding the true "Dynamics of a Fight"
- Understanding the Difference between pacing, tapering, leading or following
- Learn when to block, strike and when to use your elbows, knees or kicks
- Techniques on how to develop your own survival style
- Learn the difference between blocking, covering, redirecting and absorbing tactics
- Learn how to safely take the punch, elbow, knee or kick
- Transitions from stabilization to restraining to controlling
- Understand the difference between protecting and defending yourself
- Effective Striking Tactics and Combinations
- Learn "Real Fight Strategies,"

Duration:	1 Day- Basic Course	**Tuition: Negotiated at contract**
Duration:	5 Day- Basic Instructor	**Tuition: Negotiated at contract**

Equipment Required: Bring your own instructor and Soldier suit you currently use. The military uniform assigned, roughs or dress clothing and footwear for range tactics and instruction, with whistle and lanyard. Appropriate tactical equipment to include body armor, helmet, gloves and any other gear worn on duty. For plain operations wear appropriate clothing and personal gear consisting of firearms, holsters and for soldier assignments, duty belt with holster issued firearm and back up weapons, 3 magazines for each weapon, body armor, impact weapon, protective equipment, groin protection and mouthpiece, eye safety goggles, towel. Change of clothes.

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