



## ARMA TRAINING

[www.armatraining.com](http://www.armatraining.com)

### GROUND COMBAT INSTRUCTOR - ICP

This 4.5-day (40 hours) agency "Instructor," level certification program either builds on the basic program or standalone to develop Defensive Tactics Instructors field proven and effective ground strategies when confronted with novice or experienced attackers and to upgrade their skills in the use of techniques and tactics for unique, but commonly occurring encounters on the ground. This course will cover integrated use of force skills that develop rapidly in a ground encounter and prepares the officer by teaching them **ONE technique** that is applicable in both ground and standing environments that are gross motor skilled based and taught to thousands of law enforcement, corrections and military around the world. **Learn from experienced instructors with real world experience in field applications. This is a course that even if you do not pass it will keep you alive!**

#### **Topics covered in the program include:**

- Safety zones for ground encounters
- Advanced falling techniques
- Limb control techniques and control methods
- Cross trapping and mounting tactics
- Transition for ground positions
- Control and stabilization tactics
- Weapon defense ground defense positions
- Controlling the pace and breathing
- Baton deployment from the ground
- Disarming tactics for blunt instruments
- Escapes & counters from the ground
- Grip and hold techniques
- Weapon retention in and out of the holster
- Integrated use of force options
- Power locks & grips
- Maintaining your DT program

**Duration 4.5 Days**

**Tuition \$899**

**Equipment Required:** Clothing and footwear for defensive tactics instruction, with whistle and lanyard. Duty belt with holster, training weapons, inert aerosols, body armor, impact weapon, protective equipment, groin protection and mouthpiece.

#### **Visit**

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