



ARMA TRAINING

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CONTROL AND ARREST INSTRUCTOR - ICP

This 4.5-day (40 hours) agency Instructor Certification Program (ICP) is designed for agencies to update, train and certify departmental instructors in a complete control systems program that focuses on using anatomically correct techniques that reduce injury, enhance leverage and the physical control without all of the bending and twisting other techniques use to gain control through pain for compliance. This is not a system that supports the concept you have to give a little bit of pain to get compliance. We will share with the facts about limb control and the difference between stabilization, control and restraining. Instruction is based on realistic use and applications of control methods in the use of force situations. For successful completion certifications are issued in Control and Arrest Tactics. **Learn from experienced instructors with real world experience in field applications.**

Topics covered in the program include:

- Understanding the “Hinge Concept”
- Limb control and application techniques
- Stabilization methods and immobilization tactics
- Understanding body compression techniques
- Single and multiple officer applications
- Standard & tactical handcuffing techniques
- Ground Control for handcuffing
- Identifying the danger areas when applying handcuffs
- Intergraded use of force options
- Applications of flex-cuffs, other restraint devices
- Close quarter and stun tactics
- Ground stabilization tactics
- Documentation and use of force options
- Takedown techniques for single and multiple officer applications
- Learn lead ins and how to control movement
- Introduce the “tactical prone” & individual officer responsibilities

Duration 4.5 Days

Tuition \$899

Equipment Required: Clothing and footwear for defensive tactics instruction, with whistle and lanyard. Duty belt with holster, training weapons, inert aerosols, body armor, impact weapon, protective equipment, groin protection and mouthpiece.

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