

## Ground Combat Survival <u>Level-2</u> <u>Instructor Certification</u>

This 2.5-day (24 hours) agency "Instructor," level certification program either builds on the basic program Level-1 certification or stands alone to develop Defensive Tactics Instructors to upgrade their skills in the use of techniques and tactics for unique, but commonly occurring encounters on the ground. This course will cover integrated use of force skills that develop rapidly in a ground encounter and prepare the officer for being confronted with novice or skilled fighters. Learn from experienced instructors with real world experience in field applications.

## <u>Topics covered in the program include:</u>

- Rest and Safety zones for ground attacks
- Ground Guard Blocking, Covering Tactics
- Mounted Blocking, Covering Tactics
- Ground Guard Striking Tactics
- Mounted Striking Techniques
- Weapon defense ground defense positions
- Controlling the pace and breathing
- Baton deployment from the ground
- Disarming tactics for blunt instruments
- Developing striking combinations
- Learning how to control the pace
- Understanding Ground Tactics
- Finding your own fight and survival time
- Power locks & grips
- Maintaining your DT program

**Duration:** 2.5 Days **Tuition:** \$549.00

**Equipment Required:** Clothing and footwear for defensive tactics instruction, with whistle and lanyard. Duty belt with holster, training weapons, inert aerosols, body armor, impact weapon, protective equipment, groin protection and mouthpiece.

This is a physically demanding course and follows our ground defense format. Learn the same techniques that work either standing or on the ground!