

Ground Defense Survival Instructor

This 5-day (40 hour) agency "Advanced Instructor," level certification program either builds on the basic program or stands alone to develop Defensive Tactics Instructors to upgrade their skills in the use of techniques and tactics for unique, but commonly occurring encounters on the ground. This course will cover integrated use of force skills that develop

rapidly in a ground encounter and prepare the officer for being confronted with novice or skilled fighters. Learn from experienced instructors with real world experience in field applications.

Topics covered in the program include:

- Safety zones for ground encounters
- Advanced falling techniques
- Limb control techniques and control methods
- Cross trapping and mounting tactics
- Transition for ground positions
- Control and stabilization tactics
- Weapon defense ground defense positions
- Controlling the pace and breathing
- Baton deployment from the ground
- Disarming tactics for blunt instruments
- Escapes & counters from the ground
- Grip and hold techniques
- Weapon retention in and out of the holster
- Integrated use of force options
- Power locks & grips
- Maintaining your DT program

This is a physically demanding course and follows our ground defense format. Learn the same techniques that work either standing or on the ground!

Duration: 5 Days **Tuition:** \$849.00

Equipment Required: Clothing and footwear for defensive tactics instruction, with whistle and lanyard. Duty belt with holster, training weapons, inert aerosols, body armor, impact weapon, protective equipment, groin protection and mouthpiece.