



Emergency Services Surviving Knife Attacks

This 2-day (16 hour) Surviving Knife Attacks certification program is designed to train and certify you to learn about true knife attacks and encounters and to understand techniques and tactics for surviving these horrific and most often deadly attacks. Wearing all of your issued emergency gear immediately hinders normal movement and reaction, all of the techniques and tactics instructed in this program are easily executed when wearing all of your assigned gear. This popular system is designed for anyone who desires to carry and learn effective responses to a knife attacks in close quarter environments or the need for personal survival where knives are your only choice of self-defense.

Topics covered in the program include:

- Dynamics of an knife attacks
- Understanding body mechanics for limb control
- Angles of an knife attack
- Movement and Balance techniques
- Limb control and disarming tactics
- Stunning and balance displacement tactics
- Laying the verbalization
- Carries, draws, and strikes with an knife
- Dynamic simulation exercises
- Your use of force options
- Use of force considerations

Duration: 2 Days

Tuition: \$250.00

Ammunition: None – Training weapons and training projectiles supplied by Air Soft

Equipment Required: Clothing and footwear for defensive tactics instruction, with YOUR assigned duty gear complete with SCBA, helmet, gloves and uniform, boots, groin protection and mouthpiece a must.